

# Elements of Devotion to the Flame of Love of the Immaculate Heart of Mary

## Mass and Adoration

### Greatest Power Over Satan & Great Promises

- P110: Mary: “If you attend Holy Mass while under no obligation to do so and you are in a state of grace before God, during that time I will pour out the Flame of Love of my heart and blind Satan.
  - My graces will flow abundantly to the souls for whom you offer the Holy Mass, because when Satan is blinded and devoid of his power, he is unable to do anything. The **participation in the Holy Mass is what helps the most to blind Satan**. Tormented and breathing out terrible vengeance, he wages a ferocious battle for souls since he feels the impending coming of his blindness.”
- p291: Mary: “When priests observe the Monday fast, in all the Holy Masses that they celebrate that week, at the moment of Consecration, they will free an innumerable number of souls from purgatory.
  - When those persons consecrated to God and the faithful keep the Monday fast, they will free a multitude of souls from purgatory each time they receive Communion during that week, at the very moment they receive the Holy Body of Our Lord Jesus Christ.”

## Mass, the Great Source of Grace and Divinity

- p186: Jesus: “My Precious Blood warms up and sets into motion the frozen, paralyzed energy of your souls. I am pouring it out and will continue to pour it in all the men in the entire world inasmuch as they submit to the holy treatment of My divine hand. Allow Me to act within your soul. Why should you desire to remain men with coarse souls? If only you accepted to become divine, I would find My joy in you, and live with you.
  - My table is always set. I, the Amphitryon, have sacrificed everything. I give Myself. After receiving My Precious Blood, examine your souls and become aware of the exhilaration that the power of My Precious Blood brings about in you. Do not be so insensitive. Let not routine lead you to my holy table, but rather the fervor of sacrificial charity, which ignites through contact with My love. Through Me – inasmuch as you remain united to Me – it will burn sin out of your souls. Oh, how I have longed for your decision and your voluntary love. When will you finally come to Me?”
- Voluntary Love – a sign of mature Christianity – the Letter to Philemon

## Adoration Brings Joy to Our Beloved

- P23: Jesus: “Do you know that I was awaiting you with a sad heart? You see how lonely I am! You are the only one here. If you did not come, I would be an orphan. You were an orphan, My little one, and you know how bitter it is.”
- p142: I started to feel cold. I did not spend much time in prayer because our church is very cold and made out of cement. However, the Lord Jesus, almost begging me, insisted that I stay.
  - Jesus: “Do not leave Me now. I am alone and without consolation. Oh, how often I am alone!”
  - He asked: “Tell Me, since I have been sharing My house with you and I have granted you entry at any time, when you came to Me, have you ever encountered anybody in My house?”
  - With my head down, I tried to remember. “No one, Lord! During this time, I saw no one.” This sadness broke my heart. He continued to ask.
  - Jesus: “You see why I say, ‘Do not leave Me alone!’ Let Me give you abundant graces which are stored up in the immeasurable love of My Heart. May our souls be in harmony. May our hearts beat to the same rhythm. . . .”

## Adoration Blinds Satan

- p102: I was kneeling in silence. He did not cease to praise me. Meanwhile, the devil tried to torture me. To my great surprise, his presence stirred up in me a peculiar sensation, but it was not fear. He could not harm me even though he called for attention. I was struggling to listen to the Lord's words. The devil, however, was powerless and said: "Now, it will be easy for you. You have slipped away from my claws." I was stunned and could not understand what was going on. It never happened before that I would kneel in silence for hours and meditate deeply, while the devil was so exasperated. Then I perceived the voice of the Blessed Virgin in my heart.
  - Mary: "My little one, you are the first one showered by the effect of my Flame of Love full of grace, and in union with you, I am extending it to all the souls. Whenever someone does adoration in a spirit of atonement or visits the Blessed Sacrament, as long as it lasts, Satan loses his dominion on the parish souls. Blinded, he ceases to reign on souls."

## Next Steps

- If not doing so already, try to find a daily Mass to attend
  - Beating traffic with an early commute?
  - If possible, arrive early or stay late to spend time in adoration
- Actively evaluate how we can change our diets
  - Pray for wisdom with family members to balance not alienating them with depriving them of the experience of joyfully living a life of sacrifice for others
- Continue Family Flame of Love Holy Hours on Thursday and Friday
- Continue living Jesus' daily intentions including Sunday prayer for youth
- Continue fasting
- Continue living the The Unity Prayer
- Continue the Flame of Love Hail Mary and Rosary
- The five-fold Sign of the Cross – joining our minds to His suffering
- Offering our work, sacrifices, fasts, bland meals, Masses, and Adoration for the blinding of Satan, the salvation of souls, and our families